

ATASCOSA COUNTY JUDGE

WEDNESDAY 09/20/2023

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As County Judge, I am always excited to share with you the latest information about programs and services that benefit the residents of Atascosa County. In particular, I am pleased to mention an incredible program serving seniors in our community since 2018 – Meals on Wheels San Antonio. Recently, my office and Pct. 1 Commissioner Gillespie had the privilege of visiting Meals on Wheels at their headquarters near the airport in San Antonio. The visit made it clear that Meals on Wheels (MOW), a nonprofit organization with a longstanding presence since 1977, is on a mission filled with impact and inspiration. I became curious to learn more about how their organization operates and serves, specifically in Atascosa County. Their mission is simple: to provide healthy meals and companionship. Among their flagship programs is Home-Delivered Meals, which directly delivers healthy meals to the homes of seniors who cannot prepare meals for themselves.

I was completely surprised to learn that more than 120 seniors in Atascosa County, primarily in Pleasanton and Jourdanton, benefit weekly from this service. The Meals on Wheels leadership team we connected with emphasized their desire to see this number

increase. To achieve this, they rely on the support of partners and the community to spread the word about their programming. If you are reading this and know someone who could benefit from MOW programming, please consider contacting them to determine whether your loved one is eligible for their assistance. I want to emphasize for families in Poteet, Charlotte, Christine, and Lytle to consider taking advantage of this resource, especially since MOW is intentional about increasing their services across the county. What sets Meals on Wheels SA apart from other programs requiring eligibility is its “holistic” approach to determining eligibility. They recognize that the needs of seniors are diverse, and there is no one-size-fits-all criterion. If you or someone you know faces physical or health limitations that make meal preparation challenging, or if leaving home or driving has become difficult, you may qualify for Meals on Wheels services. To inquire about eligibility, you can contact Meals on Wheels at [210-735-5115](tel:210-735-5115). Your call can make all the difference in the life of a senior in our community. Older populations and their families must be aware of the valuable services provided by our organizational partners, including Meals on Wheels. I am proud to lend my support to this outstanding organization. I am also grateful for their meaningful engagement with Atascosa County and their effort to expand services to more of our residents.

We are only two weeks away from our inaugural State of the County Address on Oct. 5. I do hope you will consider joining us for an engaging evening where we will celebrate the progress and promise of Atascosa County. From attending, you'll gain valuable insights into our County's goals and vision, understand its financial journey, and learn about legislative changes impacting us. This event is not just about information; it's about community. Together, we shape the future of Atascosa County, and we hope this event becomes an annual tradition. Mark your calendars for Thursday, Oct. 5, at 5:30 p.m. at the Atascosa Justice Center. Together, we are Atascosa Proud!